

Minutes Online Open Meeting EuGMS SIG Falls & Fractures July 8th 2021

1. Welcome and opening prof. Nathalie van der Velde:

-Presentation Hubert Blain and Nathalie van der Velde as co-chairs SIG

-Overview objectives SIG, history SIG including projects and achievements

(for details see SIG website and pdf presentation)

2. Presentation Step Safely WHO technical package falls prevention: prof. Clemens Becker

(for details see pdf presentation)

3. Discussion goals and priorities SIG upcoming years prof Hubert Blain & prof Nathalie van der Velde in light of WHO package, COVID19 situation and ongoing effort on a global falls prevention guideline

- For details on global falls guideline see website www.worldfallsguideline.com and New Horizons paper Age & Ageing 2021

- -> plans SIG 2023: position paper taking into account European perspective

- Step Safely -> Important to adapt to the life span approach of WHO

- Change it from an aging topic towards a survival topic
- Take lessons learned/experience of Geriatrics towards occupational health and childhood falls prevention (and vice versa?)
- Study digital solutions: gather best practices & disseminate
- Make cross references to other relevant guidelines such as PA and bone health

- Beware of changing resource allocations in Europe (because of COVID19 situation and outcomes of pragmatic trials)

- Important send out strong message that earlier RCT outcomes are still valid and underline together with pragmatic trials that proper implementation of full force falls prevention is needed to achieve effects (efficacy vs effectiveness)
- Prioritize and highlight importance safe mobility from a broader view
- Acknowledge implementation gap, strategies in this regard important (governmental)
- Partner with stakeholders and societies

- Suggestions: European survey on national strategic strategies across Europe with regard to falls prevention? Common ground? Authorities view? Best practices (digital and otherwise); differences in training; take adaptations because of COVID19 into account

- Will be taken up and discussed during the upcoming SIG meeting at EuGMS

4. Upcoming meetings and conferences:

- EuGMS conference online SIG meeting October
- EuGMS conference online SIG symposium October
- European Falls Festival April 2022
- IAGG June 2022
- 2nd World Falls and Postural Stability Congress end 2022