



I-CARE4OLD

Newsletter #2

September 2022



Homogenous groups of patients Identified

Appropriate care & risk assessment of older persons with chronic complex conditions is extremely difficult, as their clinical profile is very *heterogenous* and is determined by a combination of various factors during the entire lifespan. *Recognizing groups of individuals characterized by common disease patterns is the first step of a pipeline that leads to individuals' risk stratification, and thus an important step in the development of a robust decision-support tool we aim to develop by the end of the I-CARE4OLD project.*

Based on the analysis of data from millions of older recipients of home care and nursing home care, we identified *five homogenous groups of patients sharing common patterns of chronic diseases.*

[Read more](#)



Meet us at the 18th EuGMS Congress in London!

Would you like to hear about our project's scope and vision in general, or dive into a specific piece of our research? Then join us at the 18th EuGMS Conference in London!

Project coordinator prof. Hein van Hout will introduce you to our project's vision & mission and will present some preliminary results in a session on Thursday, September 29. The next day, on Friday, September 30, researcher Cecilia Damiano from ISS (Italian National Institute of Health) will give an oral presentation on the *Identification of multimorbidity patterns in older adults receiving long-term care* in Canada, Finland and New-Zealand.

[Read more](#)



I-CARE4OLD Symposium at ESCP Prague 2022

Also this autumn, on Thursday, October 20, Daniela Fialová of the Faculty of Pharmacy, Charles University, is organising a symposium dedicated to the I-CARE4OLD project as part of the annual event of the European Society of Clinical Pharmacy.

The overall conference theme of this year's ESCP event is '*Polypharmacy and ageing – opportunities for highly individualized, interprofessional, patient-centered care*'. The I-CARE4OLD symposium presents recent results of

I-CARE4OLD, with the focus on research about pharmacological factors and multimorbidity patterns in older people with chronic complex conditions.

[Read more](#)

PUBLICATIONS

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Any comments, remarks or reactions are welcome via icare4old@kuleuven.be



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