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I-CARE4OLD

Newsletter December '22

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Selection of pharmacological treatments

Which medications may mostly impact health trajectories in complex older adults?

Based on literature reviews, opinions of healthcare professionals and expert consensus, we selected a group of medications that should be in the focus of our further research: hypnotics, antipsychotics, antidepressants, anti-anxiety drugs, anticholinergic medications, anticoagulants, NSAIDs, and strong opioids. The selected medications and their effects will serve as potential input variables for the analytical models that will eventually feed the decision-support tool envisaged as outcome of the project.

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I-CARE4OLD project presented at 18th EuGMS Conference

I-CARE4OLD participated in the 18th EuGMS Conference in London with two project presentations. Prof. Hein van Hout introduced the audience to the project's vision and presented some preliminary results. Researcher Cecilia Damiano presented the project's findings on multimorbidity patterns in older adults receiving long-term care. The related abstract is now available.

[Read more](#)



Effect of Covid-19 among Nursing Home residents in Canada

Researchers at the University of Waterloo investigated the extent of limitations in daily living activities among residents in nursing homes and post-acute care facilities in Canada during the 1st wave of COVID-19 pandemic. The pandemic had no impact on post-acute care residents, whereas in nursing homes, daily living activities significantly affected during the pandemic were locomotion and eating.

[Read more](#)



I-CARE4OLD project presented at ESCP Prague 2022

'Understanding, resolution and future prevention of multimorbidity is a key issue of new preventive medicine', according to Dr Graziano Onder, co-leader of the I-CARE4OLD project. In the plenary session at the recent 50th ESCP congress 2022 in Prague, he emphasized the importance of research

projects such as I-CARE4OLD. In a dedicated symposium on 'I-CARE4OLD project vision, goals & planned outcomes', several project partners explained the project's research aims, focusing on that part of the project evaluating the impact of pharmacotherapeutic interventions on health and other outcomes in older adults with complex and chronic problems receiving long-term care.

[Read more](#)



I-CARE4OLD partners meet in Leuven

Experts from the Netherlands, Italy, Poland, Czech Republic, Belgium, Finland, the US & Canada gathered in Leuven, Belgium, for the I-CARE4OLD consortium meeting on November 14 & 15, 2022. It was a productive meeting, aligning insights from the various research working groups and welcoming new researchers to the team from the Netherlands (VuMC), Poland (Jagiellonian University) and Canada (University of Waterloo). Have a look at their bios at the partner webpage.

[Read more](#)



I-CARE4OLD Leaflet in Polish

Poland is one of the countries where we will pilot our decision-support tool in a later stage of the project. To inform healthcare professionals and decision makers in Poland about our project's vision and methodology, our colleagues from Jagiellonian University developed an information leaflet and webpage in Polish.

[Read more](#)

PUBLICATIONS

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Any comments, remarks or reactions are welcome via icare4old@kuleuven.be



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