

EVENT VENUES

TUESDAY, JUNE 7th 2022

Hotel degli Aranci

Via Barnaba Oriani, 11 • 00197 Roma

WEDNESDAY, JUNE 8th 2022

Policlinico Gemelli

Sala 615, Ala A, 6° piano • Largo Agostino Gemelli, 8 • 00168 Roma

CONTACT US

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SPRIN-G is an initiative of the EuGMS Global Europe Initiative – GEI
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SPRIN-G

Spring of Geriatrics AGEING TRAJECTORIES

ROME, ITALY - JUNE 7th/8th, 2022

**Interest and impact of diet patterns on
the trajectory of neurocognitive decline**

An Annual EuGMS Event in the frame of an Educational Project
SPRIN-G is an initiative of the EuGMS Global Europe Initiative – GEI

AGEING TRAJECTORIES

The trajectory of ageing is a lifelong process. It begins at birth and will depend on the interaction of genetic, environmental and random factors. This multitude of endogenous and exogenous factors explains the great heterogeneity of the functional state of people who reach an advanced age, especially after 80 years.

The aim of the **SPRIN-G** project and annual events is to promote measures and policies that have a significant effect on the ageing trajectories and can increase the chances of living longer and in a better health.

For this reason, the **SPRIN-G** events propose a multi-dimensional approach combining biological, clinical, social and economical aspects of such measures and their application in the society.

THE 4 AXES OF THE SPRIN-G PROJECT

THEME > Ageing trajectories and healthy ageing as a life-long dynamic process

FORMAT > Complementary scientific and cultural aspects: lectures, workshops, cultural and social activities to involve participants in a 360-degree experience

SPACE > SPRIN-G embraces the spirit of the EuGMS Global Europe Initiative to contribute to the development of geriatric medicine all over Europe. The project will move to a different country every year.

TIME > Local EuGMS endorsed projects will be activated to allow continuity in action in local (medical or not) society and to create the basis for sustainable positive transformations.

SPRIN-G 2022 ROME, JUNE 7th/8th

Interest and impact of diet patterns on the trajectory of neurocognitive decline

TUESDAY, JUNE 7th 2022

16.00 **WELCOME TO SPRIN-G**

16.15 **Presentation of the SPRIN-G project**, *A. Benetos (F)*

16.45 **Opening lecture: Role of nutrition and diet on the trajectories of cognitive decline**, *S. Maggi (I)*
Chairperson: A. Cherubini

17.45 **Round table: National policies on nutrition for children and older adults**

Chairpersons: I. Georgiopoulos, M. Kotsani

Participants: L. Donini (I), F. Landi (I), O. Vincentini (I), R. Gouiaa (Tun), G. Bahat (Tur), N. Bogdanovic (Swe)

19.00 **The Food Ensemble Experience**

WEDNESDAY, JUNE 8th 2022

08.45 **Historical origins of the Mediterranean Diet**, *A. Capurso (I)*

09.30 **Clinical Nutrition in older individuals with cognitive disorders**, *A. Raynaud-Simon (F)*

10.15 **Organic Production of EVO oil in the South of Italy - Etna, Sicily**, - *M. Cutuli (I)*

11.15 **Presentation of the SPRINTT European Project**, *R. Bernabei (I)*

13.00 **Conclusions and take home message**