



To the Executive Board of the European Geriatric Medicine Society – EuGMS

Annual Report 2023 - Macedonian Association for Geriatric Medicine – MAGM

03-2/2024

Dear President Prof. M.Petrovic,
Dear members of the Executive Board of the EuGMS,

The Macedonian Association for Geriatric Medicine – MAGM has continued to fulfill its aim to organize the CME accredited meetings and to address the most important topics of Geriatric Medicine. The meetings have been attended by significant number of doctors, mostly GP and family medicine specialists, but also internists, neurologists, psychiatrists etc. MAGM in the 2023 increased the number of its members to 65 members.

Scientific meetings accredited by the doctor`s chamber held in 2023 (CME)

1. **Stroke – challenges in the geriatric population** (1 March 2023 - in cooperation with the Stroke Association, Skopje, 4/6 CME credits, 1. Geriatric population - stroke - challenges in treatment, Dr. Pavlinka Milosavljevic, specialist neurologist, PHI SBGPM November 13 – Skopje, 2. Stroke - risk factors in the geriatric population and prevention, Dr. Rodna Kozolska, specialist neurologist, PHI Zdravstven dom - Skopje, 3. Anticoagulant therapy in secondary prevention of stroke, Prof. Dr. Anita Arsova, PHI UC for Neurology , Faculty of Medicine Skopje, 4. Apixaban - Dr. Aleksandar Ristovski, 80 students present, CME 6/4
2. **Heart failure - special aspects in the geriatric patients** (30.05.2023 - in cooperation with the Association of Cardiology - Skopje) 1. Correlation between sarcopenia and cardiovascular diseases in the elderly population, Dr. Lazo Jordanovski, specialist internist, JZU SBGPM 13 Noemvri - Skopje, 2. Heart failure - special aspects in the treatment of heart failure in geriatric patients, Prof. Dr. Silvana Jovanova, PHU UC for Cardiology, Faculty of Medicine, Skopje, 3. Nebivolol – Dr. Marjan Boshev, PHU UC for Cardiology, Faculty of Medicine, Skopje. 80 listeners present, CME 6/4
3. **Challenges in the treatment of the wide range of symptoms in geriatric patients with neurodegenerative diseases**, 10.11.2023, PUSZ Dom Sofia, Bitola 1. Comprehensive Geriatric Assessment - Dr. Pavlinka Milosavljevic, 2. Experiences on the use of Quetiapine in patients with BPSD in dementia, Prof. Dr. Gordana Ristevska – Dimitrovska, Bitola Medical School, 3. Challenges in the treatment of extrapyramidal syndromes in geriatric patients with neurodegenerative diseases, Dr. Gloria Gaspar, 4. Delirium - the importance of timely recognition and treatment - Dr. Maja Spirova, 70 listeners present, CME 6/4, nurses, psychologists, social worker also present.
4. **Degenerative bone and joint diseases as a cause of limited functionality in the adult population - prevention and treatment** (02.12.2023, Debarski Banji, , Debar) 1. Locomotor problems in the adult population, Prof. Dr. Dejan Spasovski, PHI University Clinic for Rheumatology, Skopje, 2. Novel therapy in SLE - case report in an elderly patient, Prof. Dr. Ljubinka Damjanovska, PHI University Clinic for Rheumatology, Skopje, 3. The role of balneophysical therapy on the functional status and quality of life of the adult population, Dr. Marija Markovski, specialist physiatrist, GOB September 8, Skopje, 4 Characteristics of thermo-mineral waters in Debar Baths "Capa", Dr. Naim Isa, specialist physiotherapist, PZU Debar Baths "Capa", Debar, 72 students present, CME 6/4.

Additional activities

- **SkOns Skopje Osteo Novi Sad 529/23, 24-25 March 2023, Skopje, First biennial meeting of MAIM and ASTAS with international participation, joint session between SKONS and MAGM - Sarcopenia and frailty as geriatric syndromes,** • Frailty and sarcopenia - challenges in clinical practice, Biljana

Petresca-Zović, Nutritional interventions in the fight against sarcopenia in the elderly, Lidija Pavleska, The role of physical activity in the rehabilitation of adult patients with sarcopenia, Marija Markovski, Reducing mortality after hip fracture in adult patients – a surgical perspective, Igor Kaftanjičev.

- **Psychiatric congress in Ohrid October 26-29, at the invitation of the organizers – joint session with the MAGM** - 1. Education in the field of Geriatric Medicine in European countries - PROGRAMMING Cost action - ongoing project, dr Biljana Petreska-Zovic, The role of comorbid conditions in managing patients with dementia - geriatric perspective, dr Pavlinka Milosavljevic, 3. Polypharmacy as a geriatric syndrome - specificities in patients with dementia, dr Maja Spirova.kovski,
- **PROGRAMMING CA21122, survey** is being conducted as an online questionnaire for mapping the educational needs of healthcare professionals in the field of Geriatric Medicine, which is also available in Macedonian language.

The members of the MZGM took part at the 19th International Congress of the EuGMS in Helsinki, Sept.2023.

On the 18 December 2023 the MAGM has held its regular annual meeting.

Planned activities for 2024

- February – co-organizing the face-to-face event, part of the PROGRAMMING COST Action, which will be held on 15.02. - 16.2024, at the Holiday Inn Hotel Skopje, Program - Long term care for older patients: challenges in countries with emerging Geriatric Medicine. - 2 workshops, 2 sessions with expert lectures by foreign lecturers, visit to PHI SBGPM 13 November Skopje and PUSZ - Idila, panel discussions with representatives of stake-holders and policy makers.
- May - Management of pain and pain syndromes in geriatric patients
- June - Strategies for the prevention of frailty and sarcopenia
- October - Epilepsy and specificities in the geriatric population
- December - Acute conditions and approach to the geriatric patient in emergency departments

Skopje, 15 January 2024, 03-2/2024



Macedonian Association for Geriatric Medicine – MAGM

President


/Biljana Petreska-Zovic/