

SOUTHERN EUROPE REGIONAL EXPERT MEETING ON THE PREVENTION AND MANAGEMENT OF FRAGILITY FRACTURES

24-25th October 2020

Programme

DAY 1, Oct 24th, Morning		
Opening Remarks (10:50 – 11:00) David Marsh, FFN Regionalisation Committee Elias Panagiotopoulos, President of FFN Greece		
Plenary Session I (11:00-12:00)		
Multidisciplinary management of the acute fracture episode- Pillar I		
Chairs: Önder Aydingöz-Turkey and Carmelinda Ruggiero- Italy		
11:00	Orthogeriatrics	Carmelinda Ruggiero, FFN-Italy
11:15	Perioperative Care of the Geriatric Hip Fracture Patient (Nurse's Perspective)	Karen Hertz, FFN-UK
11:30	Perioperative Care of the Geriatric Hip Fracture Patient (Anaesthetist Perspective)	Stuart White, UK
11:45-12:00	Q and A	
Round Tables – Pillar I 12:15-13:15		
No 1. Peri-Operative Care	No 2. Acute Management in Covid-19 Pandemic	No 3. Advances in Fragility Fracture Surgery
Chairs: Sofia Duque, Matthew Costa	Chairs: Cristina Ojeda Thies, Luca Pietrogrande	Chairs: Theo Tosounidis, Anze Kristan
<u>20 min Introductory Lecture</u> When is specialist referral necessary? Sofia Duque, Portugal	<u>20 min Introductory Lecture</u> COVID + Geriatric Patient and Hip Fracture Cristina Ojeda Thies, Spain	<u>20 min Introductory Lecture</u> Advances in Fragility Fracture Surgery Anze Kristan, Slovenia
<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • George Karpetas, Anaesthetist, FFN-Greece • Maria Spiraki, Anaesthetist, FFN-Greece • Nicu Bajurea, Orthop Surgeon, Moldova 	<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • Luca Pietrogrande, Orthop Surgeon, FFN-Italy • Kamil Eyvazov, Orthop Surgeon, Azerbaijan • Ian Moppett, Anaesthetist, UK 	<u>Open Forum: 40 minutes</u> <ul style="list-style-type: none"> • Leonid Farba, Orthop Surgeon, Russia • Igor Kaftandziev, Orthop Surgeon, North Macedonia • Athanasios Artan Bano, Orthop Surgeon, Albania

EuGMS Symposium Chair: Anette Hylen Ranhoff		
13:30-14:30		
13:30	New international guidelines on falls prevention	Hubert Blain, France
13:45	The current state of geriatric medicine in SE Europe and our Global Europe Initiative	Finbarr Martin, UK
14:00	Summary of the Fall-risk-increasing drugs (FRID) Task and Finish group work	Gulistan Bahat, Turkey
14:15	Discussion	

Plenary Session II (15:00 - 16:00)		
Rehabilitation following fragility fracture- Pillar II		
Chairs: Peter Giannoudis-UK and Jay Magaziner-FFN Global		
15:00	Functional Recovery After Hip Fracture: Implications for Rehabilitation	Jay Magaziner, FFN President
15:15	Can immediate mobilisation always be safely achieved?	Peter Giannoudis, UK
15:30	Malnutrition in the Older Hip Fracture Patient	Silvia Migliaccio, Italy
15:45-16:00	Q and A	
Round Tables – Pillar II 16:15-17:15		
No 4. Rehab After-care	No 5. Training & Education	No 6. Fracture Audit / Registry
Chairs: Xanthi Michail, Aydan Oral	Chairs: Paolo Falaschi, Andrea Marques	Chairs: Finbarr Martin, Antony Johansen
<u>20 min Introductory Lecture</u> Rehabilitation After-care Aydan Oral, Turkey	<u>20 min Introductory Lecture</u> Educating Nurses Eduarda Batista Di Lima, FFN-Italy	<u>20 min Introductory Lecture</u> Hip Fracture Registry Project Antony Johansen, UK
<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> Gordana Devecerski, <i>Physiatrist, Serbia</i> Volodymyr Golyk, <i>Physiatrist, Ukraine</i> Maya Racic, <i>General Practitioner, Bosnia-Herzegovina</i> 	<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> Andrea Marques, <i>Nurse, Portugal</i> Mohamed Salem, <i>Geriatrician, Malta</i> Maria Panourgia, <i>Geriatrician, UK</i> 	<u>Open Forum: 40 min</u> <ul style="list-style-type: none"> Tasos Nikolaidis, <i>Orthop Surgeon, UK</i> Peter Schulz, <i>Orthop Surgeon, Germany</i> Cristina Ojeda Thies, <i>Orthop Surgeon, Spain</i>

DAY 2, Oct 25th, Morning		
Welcome to Day 2 and Recap of Day 1 (09:50 – 10:00)		
David Marsh, FFN Regionalisation Committee		
Elias Panagiotopoulos, President of FFN Greece		
Plenary Session III (10:00 – 11:00)		
Secondary Prevention following Fragility Fracture- Pillar III		
Chairs: Kassim Javaid-UK and Polyzois Makras-Greece		
10:00	Key Performance indicators for effective secondary fracture prevention	Kassim Javaid, UK
10:15	Falls prevention following fragility fracture	Hubert Blain, France
10:30	Enhancing adherence to Osteoporosis Treatment	Polyzois Makras, Greece
10:45-11:00	Q and A	
Round Tables –Pillar III 11:15 – 12:15		
No 7. Seamless Integration to Community Care	No 8. Secondary Prevention	No 9. Falls and Frailty
Chairs: Christos Lionis, Radost Assenova	Chairs: Andrea Marques, Andy Gray	Chairs: Tahir Masud, Eleftheria Antoniadou
<u>20 min Introductory Lecture</u> Integration into Community Care Christos Lionis, FFN-Greece	<u>20 min Introductory Lecture</u> Training fracture prevention practitioners Andrea Marques, Portugal	<u>20 min Introductory Lecture</u> Fear of falling Tahir Masud, UK
<u>Open Forum – 40 min</u> <ul style="list-style-type: none"> • Radost Assenova, <i>General Practitioner,</i> Bulgaria • Sandra Alexiu, <i>General Practitioner,</i> Romania • Patrocinio Ariza Vega, <i>Physiotherapist,</i> Spain 	<u>Open Forum - 40 min</u> <ul style="list-style-type: none"> • Andy Gray, <i>Orthop Surgeon,</i> UK • Tanja Pekez, <i>General Practitioner,</i> Croatia • Olga Lesnyak, <i>Family Physician,</i> Russia 	<u>Open Forum - 40 min</u> <ul style="list-style-type: none"> • E. Antoniadou, <i>Physiatrist,</i> FFN-Greece • Julie Whitney, <i>Physiotherapist,</i> UK • Morten Tange Kristensen, <i>Physiotherapist,</i> Denmark

12:30-13:30	LUNCHTIME SYMPOSIUM AMGEN/UCB TBC
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DAY 2 ,Oct 25 th , Afternoon Plenary Session IV (15:00-17:00)		
National Alliances and Policy Change – Pillar IV		
Chairs: Önder Aydingöz-Turkey and José Caeiro-Spain		
15:00	Multidisciplinary co-management improves quality of life for fragility fracture patients	Xavier Griffin, FFN-UK
15:20	How to persuade politicians	Finbarr Martin, FFN-UK
15:40	Guides to action from the global FFN	David Marsh, FFN Regionalisation Committee
16:00	How to build a national multidisciplinary alliance	José R. Caeiro Rey, SEFRAOS, Spain
16:20	What to expect next year in Oslo	Frede Frihagen, FFN-Norway
16:40-17:00	Open Forum	
17:00	CLOSING REMARKS	